

**CANADA'S MOST TRUSTED GROCERY STORE FOR LOW PRICES:**



\*Rated by Canadian shoppers based on the 2023 BrandSpark® Canadian Trust Study.



**SAVE 23%**

**.99** LB

**PAPAYA**  
product of Mexico  
2.3kg  
papaya  
08/12/2024 1A 28/12/2024 1A



**SAVE 33%**

**1.99**

**CANTALOUPE**  
product of Guatemala, No 1 grade  
cantaloupe  
08/12/2024 1A



**WOW!**

**2.88**

**PKG OF 4**

**GREEN & RED PEPPERS**  
product of U.S.A.  
peppers  
08/12/2024 1A 28/12/2024 1A

**APP EXCLUSIVE OFFER\***

**Optimum**

**2,000** pts



**SAVE 33%**

**3.99**

**6 LB BAG**

**NO NAME NATURALLY IMPERFECT APPLES**  
product of Ontario  
apples  
08/12/2024 1A

# DEALS ON HEALTH AND BEAUTY



SAVE UP TO 47%  
**4.99**

JAMIESON  
 VITAMINS C + D  
 selected vitamins  
 75 Chewable  
 Vitamins  
 2009997, SA/210913118 EA



Optimum  
**1,000** pts

**\$1**  
 Value

**5.49**

LISTERINE  
 CLASSIC  
 MOUTHWASH  
 selected varieties  
 1 L  
 1 L  
 2004843001, SA/210913118 EA

Optimum

**10,000** pts

when you spend  
 \$50\* or more on



up to  
**20%**  
 value

BABY DIAPERS, WIPES, FORMULA,  
 FOOD, NEEDS or ACCESSORIES  
 all sizes and varieties  
 couches ou lingettes ou préparation pour nourishment ou aliments ou articles ou accessoires  
 tous formats ou toutes les tailles ou variétés SA

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FLYER PRICES EFFECTIVE THURSDAY, JANUARY 18 TO WEDNESDAY, JANUARY 24, 2024.

**SEAQUEST**  
**RAW SHELL ON SHRIMP - COOKED PEELED SHRIMP**  
36-45/lb  
**3.99**

**WHOLE CHICKEN**  
fresh 4.25 kg  
**1.99 LB**

**LOU'S KITCHEN**  
**BEEF POT ROAST AU JUS**  
375 g  
**6.99**

**ARMSTRONG**  
**PC SHREDDED CHEESE**  
300-320 g or ARMSTRONG CHEESE BARS 400 g  
**4.44**

**RAIN CHECK + pts** We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.†

**Silk ALMOND**  
**DANONE ACTIVIA TUBS**  
500 g or SILK NON-DAIRY REFRIGERATED BEVERAGES 1.76 L (6.1 FL OZ)  
**2.99**

**MEAT LESQUELLE VIANDE**  
**SWANSON OVEN EASY MEALS**  
600 g or 1.13 lb or FAMILY SKILLETS 1.19 kg  
**6.88**

**REAL CANADIAN NATURAL SPRING WATER**  
**1.99**

**UNICO VEGETABLE OIL**  
**7.99**

**BRUNSWICK LARDINE FILLETS**  
**CLOVER LEAF TUNA**  
80/110 g or BRUNSWICK FILLETS  
**1.25**

Deals from the past on select items.†

**THROW BACK PRICES**

**COLGATE - CREST TOOTHPASTE 50-100 mL or MANUAL TOOTHBRUSH 1 ea**

**SAVE 41%**

**.75**



**2.99**  
LB

**GREEN SEEDLESS GRAPES**  
product of South Africa, Peru or Chile, no. 1 grade or  
**RED SEEDLESS GRAPES**  
product of Peru, no. 1 grade  
canned with no sugar cane paper  
6.20/kg  
00000000000000000000



**1.99**  
LB

**COSMIC CRISP™  
HONEYCRISP APPLES**  
product of U.S.A., extra heavy grade  
4.20/kg  
00000000000000000000



**1.99**

**BROCCOLI CROWNS** with  
product of U.S.A. or **ICEBERG LETTUCE**  
product of U.S.A., no. 1 grade  
canned de Brazil ou better variety  
00000000000000000000



**3.99**

**CAULIFLOWER** product of U.S.A., no. 1 grade or  
**PC™ WHOLE WHITE™ - CREMINI  
MUSHROOMS** product of Canada  
also their are champignons  
00000000000000000000

**FRESH GUARANTEE**

**If your produce isn't fresh,  
we'll replace AND refund it.\***

 <p><b>1.49</b></p> <p><b>ENGLISH CUCUMBERS</b> product of Ontario, Canada no. 1 grade each canned de Brazil ou better variety 00000000000000000000</p>	 <p><b>2.99</b></p> <p><b>FARMER'S MARKET™ CARROTS - YELLOW ONIONS</b> product of Ontario, Canada no. 1 grade canned de Brazil ou better variety 00000000000000000000</p>	 <p><b>3.99</b> <b>PINT</b></p> <p><b>BLUEBERRIES</b> product of Chi., no. 1 grade 240 g blanc 00000000000000000000</p>
 <p><b>2.99</b> LB</p> <p><b>ROMA TOMATOES</b> product of Mexico, no. 1 grade or <b>GREEN BEANS</b> product of U.S.A. canned de Brazil ou better variety 6.20/kg 00000000000000000000</p>	 <p><b>4.99</b></p> <p><b>1 LB CLAMSHELL</b> <b>STRAWBERRIES</b> 454 g product of U.S.A., no. 1 grade blanc 00000000000000000000</p>	 <p><b>4.99</b></p> <p><b>FARMER'S MARKET™ NAVEL ORANGES</b> product of Mexico, Spain or Turkey canned de Brazil ou better variety 00000000000000000000</p>
 <p><b>1.99</b> LB</p> <p><b>BARTLETT™ - BOSCH PEARS</b> product of U.S.A., or <b>ANJOU PEARS</b> product of Canada, heavy grade canned de Brazil ou better variety 6.20/kg 00000000000000000000</p>	 <p><b>3.99</b></p> <p><b>PC™ BLUE MENU™ WONDERFUL PISTACHIOS</b> product of U.S.A. selected varieties product of 00000000000000000000</p>	 <p><b>4.99</b></p> <p><b>GROWN IN CANADA</b> <b>RED, RUSSET™ - YELLOW POTATOES</b> product of Canada, Canada no. 1 grade canned de Brazil ou better variety 00000000000000000000</p>

**BETTER AS A MEMBER** \* Scan your PC Optimism™ app or swipe your card to get PC Optimism™ Members pricing or points. See back page for details.



**PKG OF 5 OR 6**

**AVOCADOS**  
product of Mexico



**680 G**

**PC™ LITTLE BITES™ RED, YELLOW  
MIXED MINI POTATOES**  
product of Canada, Canada no. 1 grade



**4 LB BAG**

**FARMER'S MARKET™  
MANDARINS**  
product of Mexico, Spain or Turkey



**283 G**

**FARMER'S MARKET™  
GRAPE TOMATOES**  
product of Mexico

**Get 4,000 <sup>PTS</sup>** with the purchase of any 4 of the items below. **\$4** value

**\$4**

**454 G**  
**GROUND CHICKEN**  
 fresh  
 poulet haché  
 1000000 EA  
 WHILE QUANTITIES LAST

**2.99**  
 LB  
**WHOLE PORK PICNIC**  
 fresh  
 porc  
 6.30 kg  
 1000000 EA  
 WHILE QUANTITIES LAST

**4.99**  
**SAVE UP TO 23%**  
**NATURAL Top Dogs**  
 Real Sausages  
 Real Sausages  
 SCHNEIDERS BACON - RED HOTS  
 WIENERS - MAPLE LEAF TOP DOGS  
 375 g  
 1000000 EA  
 1000000 EA

**5.99**  
 LB  
**EXTRA LEAN GROUND BEEF**  
 fresh  
 bœuf haché  
 1.23 kg  
 1000000 EA

**2.88**  
**DCM Specialty Spécialité**  
 Smoked Steelhead Salmon  
 50 g - 1.7 oz

**5.99**  
**SEAQUEST**  
 COD, SOLE, TILAPIA, BASA, HADDOCK, WILD POLLOCK FILLET - PINK SALMON  
 400 g  
 Filet de poisson en morceaux roses  
 1000000 EA

**10**  
**ALWAYS**  
**BUTCHER'S CHOICE SAUSAGE**  
 selected varieties  
 1.2 kg  
 1000000 EA

**2.99**  
**D'ITALIANO BREAD BUNS**  
 8 buns  
 475 g  
 selected varieties  
 pain au pain  
 1000000 EA

**4.49**  
**Piller's**  
 SLICED DELI MEAT  
 130-300 g  
 1000000 EA

**6**  
**Ziggy's**  
 SLICED DELI MEAT - STRIPS - CHEESE SLICES - MOZZARELLA  
 200-300 g  
 selected varieties  
 1000000 EA

**2.99**  
**COUNTRY HARVEST BREAD BAGELS**  
 14 grains  
 1000000 EA

**5**  
**SIMPLE JOYS FILLED CROISSANTS**  
 selected varieties  
 375 g  
 1000000 EA

**6**  
**FARMER'S MARKET MUFFINS**  
 selected varieties  
 60 g  
 1000000 EA

# OUR BRANDS Made by us, loved by you.



no name



**199**

**NO NAME<sup>®</sup> BOGELS & BREAD** selected varieties 475 g bagels or 675 g bread

**288**

**NO NAME<sup>®</sup> CHEESE BARS** selected varieties, 200 g

**349**

**PC<sup>®</sup> FROZEN VEGETABLES** selected varieties 400-700 g

**\$4**

**PC<sup>®</sup> THIN CRUST PIZZA** selected varieties, frozen 330-397 g

**229**

**NO NAME<sup>®</sup> SOUR CREAM** 400-700 g

**299**

**PC<sup>®</sup> GREEK YOGURT** 4% fat 475 g

**499**

**PC<sup>®</sup> FREE RUN LARGE EGGS & BLUE WHEAT<sup>®</sup> EGG WHITES** 12 eggs with 6 litres of whites

**.99**

**NO NAME<sup>®</sup> VEGETABLES & MUSHROOMS** selected varieties 347/396 mL

**199**

**NO NAME<sup>®</sup> FRUIT BOWLS & APPLE SAUCE** selected varieties 4-100 mL or 500 g

**399**

**PC<sup>®</sup> ICE CREAM SHOP** 100 mL or 100 g

**299**

**PC<sup>®</sup> BLUE BERRY CRANBERRY COCKTAIL** 1.5 L

**249**

**PC<sup>®</sup> KETTLE LOADS OF CHIPS** 500 g

**\$3**

**ORGANIC** APPLE TREAT 100 g

**399**

**ORGANIC** PEANUT BUTTER 250 g

**249**

**PC<sup>®</sup> EXTRA BABY FOOD** 250 g

**\$1**

**LIFE BRAND<sup>®</sup> LIQUID HAND SOAP** 475 mL

**299**

**LIFE BRAND<sup>®</sup> BLOSSOMS** 100 g

**ALWAYS \$5**

**PC<sup>®</sup> XX BABY WIPES** 100% cotton 100% baby soft

**LOWER FOOD PRICES** in comparison to full service supermarkets by having operating costs low. We don't have "frills" like candy displays, elaborate fixtures or big advertising budgets, or in-store services like meat carving or baking. Quantities and/or selection (seasonal, ethnic, specialty, sizes of items may be limited and not be available in all stores. No substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. **PRICING:** All savings claims (e.g., "Save", "New", "1/2 Price", etc.) are in comparison to our lowest regular retail price at the participating store. Savings on items shown only vary by each store location. Applicable to regular, specialty, or environmental merchandise. **OUR PRICE** applies in comparison to our regular retail price. **REGULAR PRICING** may vary by location. **COUPONS** must be presented and redeemed at time of purchase. **PRICE MATCH** is a Major Supermarket Competitor in a store's Geographic Trade Area, advertiser's lower price, for an identical or comparable item that we carry in store. One of the competitor's advertisement only during the effective date of the competitor's advertisement and we will match that lower price. **FOR A LOT OF LOCAL COMPETITORS THAT ARE PART OF THAT STORE'S PRICE MATCH PROGRAM VISIT YOUR NO FRILLS<sup>®</sup> STORE.** We match identical items advertised as same brand, item type (in the case of produce, meat and bakery), size and attributes, or comparable items in the case of private label. We advertise "Major Supermarket Competitor," "Geographic Trade Area," "Advertising and Comparable Items" solely at our discretion based on many factors which are subject to change over time. Excludes: "Special Get It!" "Free" "Exclusive email or online pricing offers," participating items under the Save & Fresh<sup>®</sup> program (vegetables and healthy program) (except offers included PC Optimum Member Pricing, we may limit any price match quantity to a 1 per item. The "Price Match" program is applicable to departments owned and operated by the No Frills Franchise or Franchisee and does not apply to Gas Stations or Pharmacy and prescriptions as defined under applicable legislation. The "Price Match" program does not apply to any other third party operators on our premises such as: Beer, Softdrink, Bakery or Bazaar. Price match and/or all match requires do not apply to products sold and shipped by third parties via marketplace. **PC OPTIMUM<sup>®</sup> MEMBERS ONLY:** These offers are only available to valid PC Optimum<sup>®</sup> program members. Membership is free. To register as PC Optimum<sup>®</sup> member, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. See notification for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions or any other offers. We reserve the right to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Because the points specified when you spend the qualifying dollar amount on the displayed participating products and/or categories below taxes and after redemption and all coupons and discounts are calculated in a single transaction. \*\*Valid for Paper duration, after which the price will be the same for both PC Optimum<sup>®</sup> and non-PC Optimum<sup>®</sup> members. Taxes applicable on the purchase amount after discounts. PC Optimum<sup>®</sup> member pricing is not applicable to any price match programs for participating stores operating under the Lubrizol Inc. banner.

**Franchise Opportunities:** For eligible Franchisee (Franchisee) purchase of the Franchise (Franchise) from the Franchisor (Franchisor) and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase program. The Franchisor does not apply to certain Franchisee items (e.g. highest value \$5 purchase program) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice. **Balanceback - PC Optimum Points:** Applies to out of stock items advertised in the current weekly flyer ("Promotional Period"). Balanceback can be redeemed for the purchase of the advertised item (subject to reasonable requirements of the participating store) for up to 10% back in PC Optimum points when the item is back in stock or within 3 days of the promotional issue date. 20% back in PC Optimum points is calculated per item on the advertised flyer price. Balanceback requests must be made in-store during the promotional item's Promotion Period. Balanceback must be redeemed in-store at the issuing store location. Balanceback is PC does not apply to "best practices" (e.g. gift cards, baby, cosmetics, seasonal and products which are previously regulated), or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [pcoptimum.ca](http://pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice. **Trackback Price:** Program applies to any item advertised in-store, as advertised in-store.

# PRICE DROP

Lowered price  
for a longer time.



## PRICE DROP

# \$3

**NO NAME® PIZZA**  
selected varieties, frozen  
350-411 g  
pizza  
21541441 SA



## PRICE DROP

# 2.49

**NO NAME® FROZEN FRUIT**  
selected varieties  
300/400 g  
Fruits surgelés  
21544097 SA 21545106 SA



## PRICE DROP

# 3.79

**NO NAME® WINDSHIELD WASHER FLUID**  
-35°C  
3.78 L  
lave-glace  
20720421 SA

# PRICE DROP

Lowered price for a longer time.



TIM HORTONS SOUP CHILI 242 mL or 253 mL selected varieties  
\$1.99/1.5L

PRICE DROP  
**2.69**



PRICE DROP  
**4.49**

MINUTE MAID NUTRI ZERO SUGAR ADDED DRINKS OASIS HEALTH BREAK SMOOTHIE  
selected varieties, refrigerated  
1.5L (1.7L)  
\$1.99/1.5L

LIBERTE GREEK MEDITERRANEAN YOP  
NO SUGAR ADDED YOP DRINKABLE YOGURT  
selected varieties  
\$1.99/1.5L

PRICE DROP  
**5.99**



PRICE DROP  
**2.49**

LECLERC NUGABAR GO PURE BARS  
selected varieties  
150 (175) g  
\$1.99/1.5L



PRICE DROP  
**3.29**

OASIS JUICE ARIZONA ICED TEA DRINK BOXES SUNTYPE JUICE  
selected varieties  
\$1.99/1.5L



PRICE DROP  
**3.49**

PC TEA NO NAME COFFEE WHITENERS COFFEE FILTERS  
selected varieties  
\$1.99/1.5L



ORGANIC  
**2.99**

PC ORGANICS ORGANIC PASTA  
selected varieties  
454 g  
\$1.99/1.5L



PRICE DROP  
**\$7**

TRE STELLE CHEESE TWIN PACK  
selected varieties  
240 (240) g  
\$1.99/1.5L



PRICE DROP  
**10.99**

SEAQUEST SHRIMP RING WITH SAUCE  
selected varieties  
254 g  
\$1.99/1.5L



PRICE DROP  
**2.79**

LECLERC CELEBRATION COOKIES  
selected varieties  
240 g  
\$1.99/1.5L



PRICE DROP  
**6.99**

SANPELLEGRINO SPARKLING FRUIT BEVERAGES  
selected varieties  
6x330 mL  
\$1.99/1.5L



PRICE DROP  
**4.79**

ZIPLOC STORAGE BAGS  
selected varieties  
10-40, 200-400  
\$1.99/1.5L



PRICE DROP  
**4.99**

IRISH SPRING BODY WASH SOAP  
selected varieties  
454 g  
\$1.99/1.5L



PRICE DROP  
**4.99**

L'ORÉAL PARIS HAIR EXPERTISE SHAMPOO  
selected varieties  
333 mL  
\$1.99/1.5L



PRICE DROP  
**3.99**

LYSOL MULTI SURFACE CLEANER  
selected varieties  
473 mL  
\$1.99/1.5L



PRICE DROP  
**31.99**

ALPO CLASSICS DRY DOG FOOD  
selected varieties  
15 kg  
\$1.99/1.5L





# PRICE DROP

Lowered price for a longer time.



UNICO TUNA  
198 g  
7oz

PRICE DROP

**1.99**



PRICE DROP

**5.49**

DAHONG OIKOS TUBS 400/750 g  
ACTIVIA 12% or DRINKS 4%  
YOGURT  
natural yoghurt  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



DR OETKER  
EASY PIZZI  
300-290 g  
GOOD BAKER  
300-290 g  
coloured toppings  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.

PRICE DROP

**5.99**



PRICE DROP

**2.99**

CELLO  
KELLOGG'S RICE KRISPIES  
POP TARTS 300 g  
SPECIAL K 120 g  
NUTRI-GRAIN 300 g  
BARIS  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**4.49**

CELLO  
KELLOGG'S ALL-BRAN  
RAISIN BRAN 300 g  
VECTOR 300 g  
SPECIAL K 120 g  
MINI-WHEATS 300 g  
CERIAL  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**6.79**

SIMPLY ORANGE JUICE  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**1.99**

UNICO  
PASTA SAUCE  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**3.49**

SANI DABILLA  
MOSTARELLA  
MISTO  
CAPOCOLLO  
PROSCIUTTO  
COTTO  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**\$6**

SANI RICOTTA  
CHEESE  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**7.99**

PREMIER  
MARINE  
CANADA  
RAW WHOLE  
POMPANO  
FISH  
TILAPIA 1.34 kg  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**\$1**

SPARKLING  
ICE  
FLAVOURED  
WATER 100%  
MONTELLIE  
CARBONATED  
WATER 100%  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**3.29**

HEINZ  
KETCHUP  
UPSIDE-DOWN  
SQUEEZE  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**3.49**

MADE GOOD  
BARS, COOKIES,  
MINI'S, CRISPY  
SQUARES  
CRUNCHY BITES  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**3.99**

CHRISTIE  
PREMIUM  
PLUS  
CRACKERS  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**2.49**

DAWN  
LIQUID DISH  
DETERGENT  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**2.99**

HERBAL  
ESSENCES  
HAIR CARE  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**3.49**

COLGATE  
PREMIUM  
TOOTHPASTE  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.



PRICE DROP

**12.49**

TIDYCATS  
LIGHTWEIGHT  
LITTER  
imported  
DISTRIBUTOR: ALLIANCE GROUP INC.

# BIG DEALS FOR LITTLE ONES



SAVE 20%

**19<sup>99</sup>**

**HUGGIES SUPER BIG PACK DIAPERS**  
includes 197 selected varieties  
 36 100% cotton  
 11448224 24



**PAMPERS SUPER BIG PACK DIAPERS**  
includes 198  
 size M-8, 42-120%  
 11708442 24

**24<sup>99</sup>**



**ORGANIC \$1**

**PC ORGANICS BABY FOOD POUCH**  
includes 127  
 128 mL  
 identify your label on website  
 1166611024 24, 1166611040 24



**2<sup>99</sup>**

**GERBER BABY SNACKS**  
includes 127  
 42-115 g  
 collection pour les parents  
 3026419907 24, 3026419915 24



**ALWAYS \$4**

**LIFE BRAND MOUTHWASH**  
includes 127  
 1 L  
 clear bottle  
 11701104 24, 11701106 24



**4<sup>49</sup>**

**Q-TIPS COTTON SWABS**  
includes 127  
 300% cotton tips  
 1166611041 24



**4<sup>49</sup>**

**VASELINE**  
includes 127  
 375 g  
 gelée de pétrole  
 1166611042 24, 1166611043 24



**5<sup>99</sup>**

**JOHNSON'S BABY NEEDS**  
includes 127  
 400-600 mL  
 produits pour bébé  
 11717041 24, 11717042 24



**9<sup>99</sup>**

**AVEENO MOISTURIZING LOTION**  
includes 127  
 333 mL  
 lotion hydratante  
 11701101 24, 11701102 24



**9<sup>99</sup>**

**PC PEDIATRIC NUTRITIONAL SUPPLEMENT**  
includes 127  
 60-225 mL  
 supplément nutritif pédiatrique  
 1166611044 24



**HAPPY LUNAR NEW YEAR**

# 恭賀新禧!

Happiness, prosperity, and lots of great food. Yes, please.

 <p><b>148</b> LB</p> <p><b>ASIAN YELLOW PEARS, FUJI APPLES &amp; YA PEARS</b> product of China net wt 1.13kg ITEM# 10000000000000000000</p>	 <p><b>198</b></p> <p><b>DRAGON FRUIT</b> product of Vietnam NET WT 1.13kg</p>
 <p><b>188</b></p> <p><b>WHITE POMELO</b> product of China NET WT 1.13kg</p>	 <p><b>188</b> LB</p> <p><b>JAPANESE SWEET YAM</b> product of U.S.A. NET WT 1.13kg</p>

 <p><b>198</b> <b>200 G</b></p> <p><b>SNAP &amp; SNOW PEAS</b> product of China NET WT 200g</p>	 <p><b>388</b> LB</p> <p><b>GUAVA</b> product of Vietnam NET WT 1.13kg</p>	 <p><b>1088</b></p> <p><b>ORCHID IN DECORATIVE CONTAINER</b> 4 inch NET WT 1.13kg</p>
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 <p><b>399</b> LB</p> <p><b>GRADE A DUCK</b> NET WT 1.13kg</p>	 <p><b>688</b> LB</p> <p><b>PORK BELLY SLICES</b> NET WT 1.13kg</p>	 <p><b>888</b> LB</p> <p><b>BEEF RIB FINGER MEAT</b> NET WT 1.13kg</p>
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 <p><b>248</b></p> <p><b>SUNRISE EXTRA FIRM TOFU</b> NET WT 1.13kg</p>	 <p><b>388</b> LB</p> <p><b>MILKFISH</b> NET WT 1.13kg</p>	 <p><b>488</b></p> <p><b>PREMIER MARINI CANADA SEAFOOD MEDLEY</b> NET WT 1.13kg</p>	 <p><b>888</b></p> <p><b>BASA STEAKS</b> NET WT 1.13kg</p>
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AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 01 NFO

**HAPPY LUNAR NEW YEAR**

# 恭賀新禧!

Happiness, prosperity, and lots of great food. Yes, please.

<p><b>3<sup>88</sup></b></p> <p><b>HEREFORD CORNED BEEF</b> 1.4kg Product of Canada</p>		<p><b>15<sup>88</sup></b></p> <p><b>BOTAN CALROSE RIZ RICE</b> NET 8kg 17.64lb K</p>	
<p><b>4<sup>88</sup></b></p> <p><b>O'TASTY DUMPLINGS</b> 1.5kg Product of Canada</p>		<p><b>7<sup>88</sup></b></p> <p><b>Knorr 家鄉牌 雞粉</b> Chicken/Poulet 1kg</p>	
<p><b>.98</b></p> <p><b>ROOSTER THICK &amp; THIN RICE NOODLES</b> 100g Product of Canada</p>		<p><b>8<sup>88</sup></b></p> <p><b>BILLY BEE HONEY</b> 1.5kg Product of Canada</p>	
<p><b>3<sup>88</sup></b></p> <p><b>DON DON UDON NOODLES</b> 800g Product of Canada</p>		<p><b>3<sup>88</sup></b></p> <p><b>COCK BRAND SWEET CHILI SAUCE</b> 300g Product of Canada</p>	
<p><b>3<sup>88</sup></b></p> <p><b>T&amp;T KALBI BULGOGI MARINADE</b> 750 ml Product of Canada</p>	<p><b>3<sup>88</sup></b></p> <p><b>KIKKOMAN STIR-FRY SAUCE</b> 250 ml Product of Canada</p>	<p><b>8<sup>88</sup></b></p> <p><b>ROOSTER CANOLA VEGETABLE OIL</b> 2.8L Product of Canada</p>	
<p><b>2<sup>28</sup></b></p> <p><b>CHACHA SUNFLOWER SEEDS</b> 500g Product of Canada</p>	<p><b>2<sup>28</sup></b></p> <p><b>NESTLE TABLET</b> 10 x 120g or JUNIORS Product of Canada</p>	<p><b>4<sup>88</sup></b></p> <p><b>GLICO POCKY BAGS</b> 12 x 120g Product of Canada</p>	<p><b>11<sup>88</sup></b></p> <p><b>FERRERO ROCHER BOXED CHOCOLATE</b> 300 x 200g Product of Canada</p>

ONLINE ET 02 NFO

AVAILABLE AT SELECT LOCATIONS ONLY



**BUDGETS  
LOVE  
YELLOW.**

**(So switch)**

**no name®**

FLYER PRICES EFFECTIVE THURSDAY, DECEMBER 28, 2023 TO WEDNESDAY, JANUARY 24, 2024.  
FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.

NO1211

# DEALS WITH PIZZA-ZZ

Thin crust tastiness with thick savings - no name® Thin Crust Pepperoni Pizza hits the spot for less.

**\$3**

**NO NAME® PIZZA**  
selected varieties, frozen  
350-411 g  
0029  
51541441 EA



FLYER PRICES EFFECTIVE THURSDAY, DECEMBER 28, 2023 TO WEDNESDAY, JANUARY 24, 2024.

**4.99**

**NO NAME® CHEESE BARS** 400 g  
or **SHREDS** 320 g  
selected varieties  
barres de fromage au fromage râpé  
2128143 EA/2108279 EA

**\$6**

**NO NAME® CHICKEN NUGGETS, BURGERS or STRIPS**  
frozen, 908 g  
poulets, burgers ou lanternes de poulet  
5112162 EA

**.99**

**NO NAME® BAKED BEANS**  
selected varieties  
178 mL  
fèves  
201463963 EA

**\$2**

**NO NAME® DRY SOUP MIX**  
selected varieties, 4 x  
fèves  
2109462 EA/2005031 EA

**1.79**

**NO NAME® CHEWY or DIPPED GRANOLA BARS**  
selected varieties  
156-175 g  
barres  
2078497 EA/20313413002 EA

**2.99**

**NO NAME® COOKIES**  
selected varieties  
907 g  
biscuits  
2018478001 EA



# CHILL DEALS

no name® Naturally Imperfect™ frozen fruit knows you don't have to look pretty to taste good (and stay on budget!)

**2.49**

**NO NAME® FROZEN FRUIT**  
selected varieties  
200-400 g  
Fruits surgelés  
11/2023/24 LA 11/2023/24



FLYER PRICES EFFECTIVE THURSDAY, DECEMBER 28, 2023 TO WEDNESDAY, JANUARY 24, 2024.



**3.99**

**NO NAME® STIRRED YOGURT**  
selected varieties  
12's  
yogourts  
10/61174001/24 LA/10/61174002/24



**9.99**

**NO NAME® VEGETABLE OIL**  
3L  
huile végétale  
10/103296/24 LA



**\$2**

**NO NAME® DISHWASHING LIQUID**  
300 mL  
détergent liquide à vaisselle  
11/301894/24 LA



**2.99**

**NO NAME® PARCHMENT PAPER**  
10' x 10"  
papier parchemin  
11/31817/24 LA



**2.99**

**NO NAME® FOIL 50 FT or HEAVY DUTY FOIL 25 FT**  
papier d'aluminium  
11/11962/24 LA/11/11963/24 LA

**no name®**

# NUTTY LOW PRICES

Spread the love with no name® peanut butter (1 kg) without spreading your budget thin!



**3<sup>99</sup>**

**NO NAME® PEANUT BUTTER**  
 selected varieties  
 1 kg  
 beurre d'arachide  
 sélectionné, 1 kg (2145041) EA

FLYER PRICES EFFECTIVE THURSDAY, DECEMBER 28, 2023 TO WEDNESDAY, JANUARY 24, 2024.



**1<sup>99</sup>**

**NO NAME® BREAD**  
 selected varieties  
 675 g  
 pain  
 1130922 EA



**7<sup>99</sup>**

**NO NAME® ROAST AND GROUND COFFEE**  
 selected varieties  
 925 g  
 café torréfié et moulu  
 1130611 EA



**3<sup>79</sup>**

**NO NAME® WINDSHIELD WASH**  
 -35°C  
 3.78 L  
 lave-glace  
 3075601 EA



**4<sup>49</sup>**

**NO NAME® KITCHEN GARBAGE BAGS**  
 30 bags  
 100% O ordures de cuisine  
 2025147 EA



**4<sup>49</sup>**

**NO NAME® COMPOSTABLE KITCHEN BAGS**  
 20 bags  
 100% O ordures de cuisine  
 2077960 EA

**no name®**

# THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The **NOFRILLS** thing to do.

# GET FLYER TO YOUR EMAIL.

## STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

## STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)\*



\*Standard message and data rates may apply.